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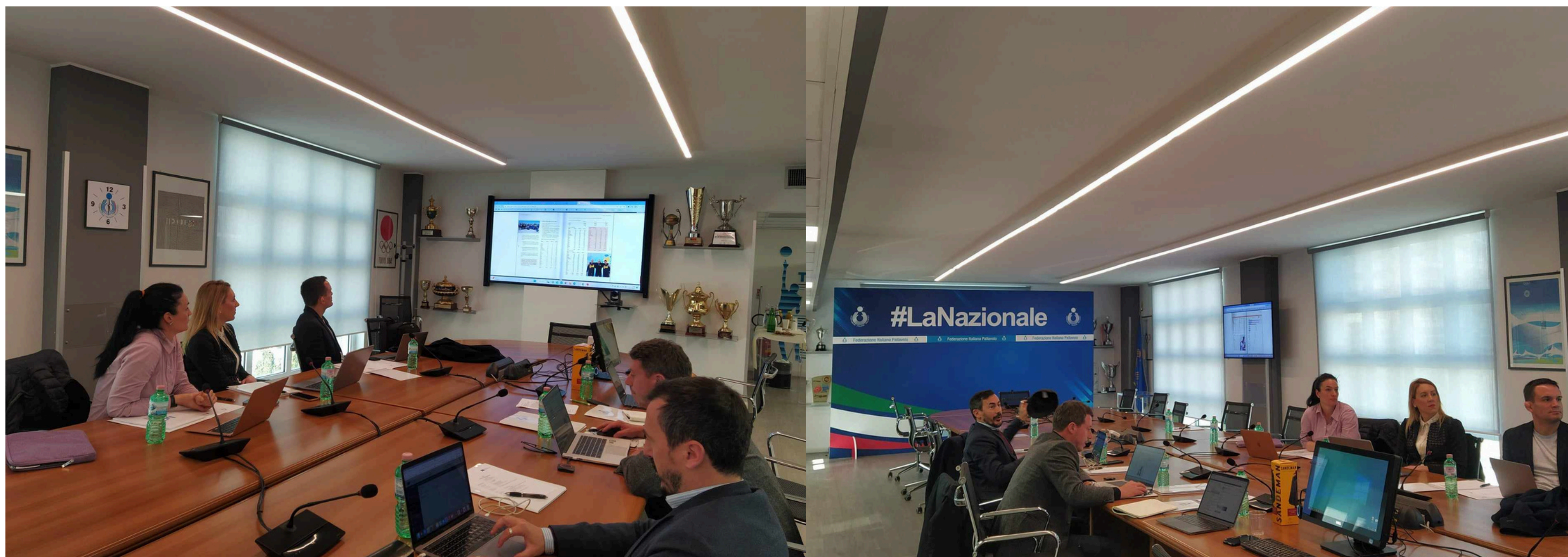


NEWSLETTER No. 2

HRIC PROJECT
PROJECT CODE 101090110



KICK OFF MEETING, ROME - ITALY



On 20–21 February 2023, HRIC officially started with its Kick-Off Meeting in Rome, Italy, bringing together partners from Italy, Portugal, Slovenia, and Croatia.

During the meeting, partners aligned on the project's mission to support youth mental health and social inclusion by combining Education Through Sport (ETS) with psychological support. Key topics included the development of:

- The European Research Report
- The Training Format for sport coaches and social operators
- The HRIC Handbook of inclusive activities
- Policy Recommendations for national and EU levels
- The dissemination and sustainability plan

The meeting ensured clear roles, responsibilities, and timelines across all work packages. The partnership left Rome fully aligned and motivated to deliver tools that will help young people facing anxiety, depression, and emotional challenges—turning sport into a true platform for healing and resilience.

Stay tuned for more HRIC updates as we continue this meaningful journey!

